

Day Habilitation Program



At **Grand Forks Growth & Support Center (GFGSC)** we strive to provide high quality person-centered support along with having fun while building connections we believe that everyone should have the opportunity to be actively, consistently, and meaningfully engaged in their own lives, regardless of their support needs.



What we do at the Day Habilitation Program?



Monday - Friday

8:00 am - 4:00 pm

We participate in events around the community and promote making connections with others.

We prioritize your goals and independence by providing many opportunities that only you choose to discover.

WEEKLY ACTIVITIES

GFGSC's Day Habilitation Program is a facility based community focused day program for adults with intellectual and developmental disabilities.

- Cooking Classes
- Karaoke
- Drums for Life Classes
- Music Therapy
- BINGO
- Presentations
- Craft Classes
- Dance Classes
- Party Planning
- Book Club



Making Connections in your Community



We take time to reach out and volunteer in the Grand Forks area. GFGSC also participates in community gatherings that will provide even more chances to make connections.

Learn new
skills and
reach your
personal
goals.

