



Pathways Transition Age Program

GFGSC's new program coming September 2026!



What is the Pathways Program?

Pathways is a Transition-Age Support Program for Young Adults with Intellectual and Developmental Disabilities.

Pathways is a structured, person-centered program operated by the Grand Forks Growth and Support Center which is designed to support young adults (ages 18–26) with intellectual and developmental disabilities (IDD) as they transition into adult life. The program focuses on building autonomy, strengthening relationship skills, and increasing independence so participants can move confidently into their next stage of life.

Pathways Mission and Core Goals

Mission

To empower young adults with IDD to develop the skills, confidence, and connections needed to lead self-directed, meaningful adult lives.

Core Goals

- Build **self-determination and autonomy**
- Strengthen **social and relationship skills**
- Increase **independent living skills**
- Support **successful transition into adulthood** (employment, education, community life)

Program Structure

- Individualized Support Plans tailored to each participant's goals
- Combination of 1:1 support, group sessions, and community-based learning
- Hands-on, experiential learning in real-life environments
- Collaboration with families, schools, and community partners

Program Outcomes

- Demonstrate increased independence in daily living
- Build and maintain meaningful relationships
- Gain confidence in decision-making a self-advocacy
- Successfully engage in community, employment, or further education opportunities

Let's Start Your Pathway!

Email us for more information at

pathways.info@gfgsc.org

